

## **Touch the Earth**

By Joe Reilly

Touch the earth/where's the earth/she's in your hands/underneath your feet right where you stand/in the substance of the ground/and she's all around/when you're quiet and you listen to your body it's the sound/of your Mother's heartbeat/its what you eat/take off your shoes and socks and sink your feet/in the mud of the earth/its the blood of your birth/stay calm its your Mom/this Mother Earth/stay calm/

The earth has space/to hold all your tears/the earth has space/to hold all your fears/your heart has space/for everything you need/you're a garden my friend/let us water love's seed/you're a garden my friend/together we'll water love/

Connect your consumption to her destruction/consumer culture is a vulture check your assumptions/about how you reside/how do you feel inside/do you put more love in the sky than carbon dioxide/who would have guessed/when the earth was forming/we'd create a mess like global warming/and we keep burning fossils and the seas keep storming/can we open up our eyes in time to heed her warning/can we open up our eyes/

The earth has space/to hold all your tears/the earth has space/to hold all your fears/your heart has space/for everything you need/you're a garden my friend/let us water love's seed/and the oceans are rising/with tears of our suffering/its not surprising/for so many years we forgot to sing/our songs of the earth/we forgot to bring/to our Mother Earth/these sacred offerings/oh touch the earth/make this your offering/

Listen to the sound of the wind/feel the Grandfather Grandmother rocks and begin/to remember your sacred origin/we are ancient ones made of the earth and the sun/and the stars and the clouds come on say it loud/I am made of the earth and for that I am proud/all my brothers and sisters come and gather around/we are made of the earth in the here and the now/come on and touch the earth/its a sacred vow/touch the earth trust the earth Mother Earth/

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