Little Tomato
By Joe Reilly

Joe:
Hello little tomato/can you tell me all the secrets of this life that you know/in what type of environment did you grow/have you ever seen the city streets of Bordeaux/Hello little tomato/I’m happy to have you as part of my bean stew/again let me ask you/do you remember/last September/growing together/with the cucumber in the fall/sometimes I wonder if it felt a little edgy/to be a young veggie/before the harvest time/

Tomato:
Well I started out as just a seed/when I germinated I was just a weed/I grew up strong my branches creeped along/I always hoped that one day I’d be in a song/but alas I know I’ve digressed/sitting in your stew you might think I’m depressed/but I’m quite content and will not prevent you from eating me/I’m so happy to become part of you your thoughts and your body/its like one big energy exchange party/and what you ask started all of this/it was the sun and photosynthesis/I’m a producer you’re a consumer/I’ll say it again I was fed by the rain/and received the most from the compost/decomposing matter helped me grow fatter/more red and juicy now won’t you excuse me/Its time for you to stop talking and consume me/consume me/

Joe:
Thank you little tomato/there are so many more things that I could say though/but its enough to say I’m grateful/for all the stuff that you’re made of/the water the soil and the sunshine/the gardener who staked out your vine/the harvester who picked you at the right time/I even have to acknowledge the energy divine/that is in you and flows from you to me/I will do my very best to live and to be/worthy of your time and your energy/I will eat you happily mindfully/come rest for a while with me in my belly/then return to the earth for another rebirth/I’ll see you again my vegetable friend/I’ll see you again my little veggie friend/I’ll see you again my vegetable friend/ I’ll see you again/

Joe:
Hello little tomato/
Tomato:
Hello/